

Online registration for individual champs is now available. See details below.  
Remember the following:

1 - Sign-up on our website <http://www.cbswim.org> on the invitationals page (choose Click here for Invitational Registration).

2 - Sign-up by the deadline - January 20 (it's 100% firm - do NOT ask to register or change events after this date).

3 - During the online registration process indicate your availability to volunteer. Note that as with all invitationals, if your child is swimming it is expected that you can and will volunteer. An actual conflict is the only reason to click "no" for parent available to work at meet (example, both parents working).

4 - Indicate whether your swimmer is available to swim a free and/or medley relay. Check yes here if your swimmer can be at the meet for the relay in question and wants to swim it. Once all entries are in the coaches will make the fastest relay teams possible from the swimmers who want to swim each relay. SWAC can have as many relays at B champs as we have swimmers to fill so if you want to swim a relay mark yes here. Remember, given the fact that we need 4 swimmers to make a relay team, indicating that you want to swim is not a guarantee of a relay spot.

Champs message from January 8<sup>th</sup> was then repeated.