

Remember to RSVP to Michelle Towle for the SWAC end-of-season party by TODAY.

See email dated 1/31/2010 for more details. (It's attached if you didn't save it.)

<mailto:mgtowle@msn.com>

Remember the Swim-A-Thon is next Wednesday, February 10 at CB South. If you haven't dropped off a participation form to Ivy Ross and want to participate, email Ivy to let her know you'll be there. Also let Ivy know if you can volunteer to help at the swim-a-thon. (We mainly need lap count recorders - it's EASY and FUN.)

See the website for flyer and pledge form and email dated 1/12/2010 for more details. (It's on the weekly updates page of the website if you didn't save it.)

<mailto:icross21@msn.com>