

Hello SWAC -

As previously communicated, there will be a SWAC spirit night on Friday, November 6. This is the night before our first dual meets of the season.

We will be making posters in the CB South Cafeteria from 5:45-7:45pm.

Plan to attend your practice session and come to make a poster in the cafeteria either before or after your practice based on the above timing. We expect each child will spend only a short while making his/her poster so there is plenty of time to attend your practice session and make a poster. Even if you're not practicing that night, feel free to stop by the cafeteria to make a poster. **This is not a drop-off event - all children must be supervised by a parent while in the cafeteria.**

Each swimmer should bring his/her own poster - poster board, construction paper, whatever paper you want to use.

Decorating supplies will be provided - if you have some, feel free to bring them (stencils, pencils, markers, etc., NO paint please).

The idea is that the swimmers will bring these signs/posters to meets to hang on the deck wall or to use for encouragement while teammates are swimming. Swimmers should bring them to meets as long as they hold up.

Please bring a snack to share with the group.

Water will be provided.

Hope to see everyone there.