

New Information:

1 - The Council Rock Invitational will be held on 1/2/2010. Online registration is now available. The SWAC sign-up deadline is 12/15/2009. See our site for details of the meet. US swimmers - CR has put in an application for MA acceptance of this meet.

2 - Refer to previously sent email about practices this week.

3 - A message with important details has been sent to all Norristown Harvest meet registrants. If you registered for the meet and didn't get the message (earlier today) email me.

Reminders:

4 - US swimmers: the CBAC Holiday Classic has been MA accepted. Please remember that if your swimmer gets a best US time (or makes a specific time cut) at a meet that is US accepted (e.g., SAL invitationals with MA acceptance like the SWAC invitational, CBAC Holiday Classic, Norristown Harvest) YOU need to make sure Coach Stu Kukla is aware of it. While these times are recognized within the MA, they are not loaded into the database for automatic upload by coaches. So...our coaches need to search out such times. It is quite possible that a time will be missed so please be sure to tell Stu yourself.

5 - The Centennial Odd Age Swim Invitational is now available for online sign-up through our website. Details about this meet can be found by accessing the link on our site (invitationals page). The meet will be held on Sunday, January 10, 2010 and is for swimmers 13 and under. The SWAC entry deadline is Tuesday, December 8, 2009 (must be registered online with payment in red invitationals folder by this date).

6 - Lost and (hopefully) Found - Please check your child's swim bag. Many items have gone missing at recent meets and practices. In particular, let me know if you have the following Fanny Chapman items: towel, suit (girls size 26), or sweats (youth medium); or light blue mirrored goggles and a HighPoint StingRays cap. If you have lost items, the lost and found at the pool is located in the equipment room behind the blocks.

7 - Practice times for CB South practices changed for the rest of the season beginning on FRIDAY, November 20. Times moved 1 hour later (10 and under swimmers 6:30-7:30PM, 11

and up swimmers 7:30-9PM). Now that the new practice schedule has begun, SWAC swimmers may not enter the pool deck until the time practice is called to begin as the high school teams will be swimming until then. Swimmers should still arrive 5-10 minutes before practice time to prepare to swim and stretch in the hallway with the coaches. Practice times for CB East practices will NOT change.

8 - The apparel order deadline has passed. Our order is complete. When the apparel is available there will be email communication about pick-up dates/times.

9 - The deadline for signing up for the CBAC and Norristown invitationals has passed. Information about the meets for those registered remains available via a link on our site and on the bulletin board. Any outstanding payments for these meets should be placed in the red invitationals folder ASAP. Norristown and CBAC do require timers. A list of assigned SWAC timers will be sent to those attending the meet once needs are communicated by the host teams. (Note - email sent for Norristown earlier today to all SWAC meet registrants.)