

## New Information:

1 - US swimmers: the CBAC Holiday Classic has been MA accepted. Please remember that if your swimmer gets a best US time (or makes a specific time cut) at a meet that is US accepted (e.g., SAL invitationals with MA acceptance like the SWAC invitational, CBAC Holiday Classic) YOU need to make sure Coach Stu Kukla is aware of it. While these times are recognized within the MA, they are not loaded into the database for automatic upload by coaches. So...our coaches need to search out such times. It is quite possible that a time will be missed so please be sure to tell Stu yourself.

2 - Volunteer lists for Saturday's dual meets will be posted soon. Please check the lists on the volunteering page of the website and accept your position or provide a replacement as per the volunteering instructions previously sent. Remember that swimmer check-in/out is independent of volunteer assignment - meaning if you check your swimmer out of a meet you still must contact your rep and let them know you can't volunteer. **Also, I have been disappointed to see that people are sometimes just typing why they cannot fulfill their volunteer job instead of providing a replacement worker's name. This is NOT the intent of the volunteer list. Our reps volunteer enough time already. It is YOUR responsibility to get a replacement if you cannot fill your assigned position.**

3 - Remember to sign your child in to or out of the dual meet to be held this Saturday. If you do nothing, your child will not be allowed to swim the meet. The sign-in/out deadline is Wednesday at 9PM. **A note about the notes in sign-in/out: It's fine to let the coaches know what your child would like to swim in the notes. Please remember however, that these are just requests. When writing line-ups, the coaches have many items to consider. They will consider your requests made in the sign-in process but cannot grant them all - especially those about swimming four events, swimming in official heats and swimming on particular relay teams.**

4 - The Centennial Odd Age Swim Invitational is now available for online sign-up through our website. Details about this meet can be found by accessing the link on our site (invitationals page). The meet will be held on Sunday, January 10, 2010 and is for swimmers 13 and under. The SWAC entry deadline is Tuesday, December 8, 2009 (must be registered online with payment in red invitationals folder by this date).

5 - Lost and (hopefully) Found - Please check your child's swim bag. Many items have gone missing at recent meets and practices. In particular, let me know if you have the following Fanny Chapman items: towel, suit (girls size 26), or sweats (youth medium); or light blue mirrored goggles and a HighPoint StingRays cap. If you have

lost items, the lost and found at the pool is located in the equipment room behind the blocks.

Reminders:

3 - Practice times for CB South practices will change for the rest of the season beginning on FRIDAY, November 20. Times move 1 hour later (10 and under swimmers 6:30-7:30PM, 11 and up swimmers 7:30-9PM). When the new practice schedule begins, SWAC swimmers may not enter the pool deck until the time practice is called to begin as the high school teams will be swimming until then. Swimmers should still arrive 5-10 minutes before practice time to prepare to swim and stretch in the hallway with the coaches. Practice times for CB East practices will NOT change.

6 - The apparel order deadline has passed. Our order is complete. When the apparel is available there will be email communication about pick-up dates/times.

7 - The deadline for signing up for the CBAC and Norristown invitationals has passed. Information about the meets for those registered remains available via a link on our site and on the bulletin board. Any outstanding payments for these meets should be placed in the red invitationals folder ASAP. Norristown and CBAC do require timers. A list of assigned SWAC timers will be sent to those attending the meet once needs are communicated by the host teams.

8 - Please be aware that when a deadline for online sign-ups is communicated, the sign-up function will not be available after the deadline - it automatically is removed from the site at the moment of the deadline. I had several people mention to me that they could not access the meet sign-in/out and/or invitational registration after the deadlines had passed - that is by design - you will never be able to access these functions after the deadline (or before the sign-in window begins). Please, refer to the message about how to sign-in/out for dual meets, read it carefully and save it for reference. Write the sign-in deadlines on your calendar and meet them. Do not email me and ask me to sign you in after the deadline.

9 - The volunteer preference list is also updated for this year on the website. This list should be used in conjunction with your team directory (emailed previously by Roberta Lichter and to be recirculated by me later today) to identify a replacement in the event that you cannot fulfill an assigned volunteer job.

10 - The family folder boxes will always be at CB South. If you need access to the family folder boxes and they are not in the hallway under the bulletin board, they are in the equipment room located to the left immediately after entering the pool deck behind the starting blocks. On SWAC practice nights at CB South, if you'd like to help out by bringing the boxes into the hallway,

that's great but be sure you place them back in the equipment room by the end of practice. If you cannot put the boxes back do NOT take them out.

11 - Please be sure to check your family folder and the bulletin board each time you attend practice. Also visit our website ([www.cbsswim.org](http://www.cbsswim.org)) frequently for the latest information. Contact Jen Steinberg if there is a problem with your family folder in the box (don't have one, name misspelled, etc.). I will be updating the boxes tonight.