

Welcome SAL Coaches and Swimmers –

Thank you for participating in the eighth annual SWAC invitational.

Your team has been allocated space on deck per the posted signs.

Warm-up times and lane assignments are included on these signs as well as being posted behind the blocks.

Please have your swimmers clear the pool promptly at the conclusion of your assigned warm-up time so we can start the meet on time.

The warm-up pool is available for warming up or down...not for water play.

Deck entries will be accepted on a space-available basis until 30 minutes prior to the start time for each session. After that no changes or additions can be made.

Please help us enforce the policies that non-working parents are not allowed on deck and that swimmers must be dry and wearing shoes to enter the hallway or balcony.

This year we do not have ready benches. Coaches should make sure their swimmers report to their lane roughly 5 heats prior to their event but not before as there is limited space behind the blocks.

Please have your swimmers arrive promptly but not so far in advance that they cause congestion behind the blocks. Two lane marshals will be behind the blocks to help ensure swimmers end up in the correct lane but please be sure swimmers reporting to the blocks know their event, heat, and lane assignment.

Please inform all swimmers 9 and over that fly-over starts will be used. Swimmers must remain in the water after their race until the next race has been started.

Lunch will be provided for coaches and officials between sessions in the hallway outside the pool (past the snack bar).

Results will be posted in the entry hallway.

Awards will be ready as quickly as possible after the conclusion of the last event. Please remember to wait for your awards. Any awards that are not picked up will be delivered to your team reps at the next league meeting.

Please ensure your team area is cleaned up and that you have not left anything behind on deck or in the locker rooms. Also, check the lost and found table (located in the hallway across from the snack bar) for lost items.

Thanks again for coming and have a great meet.

SWAC

SWAC Invitational 2014 Volunteer Information:

We'd welcome anyone who would like to help out by timing and request that the following teams provide one timer for the session indicated. Watches will be provided. Members of any team not listed or additional members of listed teams who would like to help please check in at the volunteer check-in table upon arrival.

AM	PM
HHAA	CR
PVAC	PENN
NAC	